



# SYLLABUS

## NEBOSH INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL HEALTH & SAFETY



### FOREWORD

The Handal Consulting & Training offers the excellence qualification program in Occupational, Health and Safety. This program endorsed by NEBOSH (the National Examination Board in Occupational Safety and Health) that was formed in 1979 as an independent examining board and awarding body with charitable status.

The NEBOSH International General Certificate in Occupational Health & Safety has been globally recognized qualification program in the international working atmosphere, is designed specifically for professionals with responsibilities for health and safety who will benefit from an Internationally Recognised Measure of Competence in the field. As the leading and the first local Indonesian Nebosh Course Provider (Accredited Center No. 738) sure that delegates will find this useful qualification program and also is supported by a nice guide book with a good illustration in working practices.

### BENEFITS

When you have completed the qualification, you will be able to:

- justify the need for health and safety improvements
- advise on duties for health and safety in the workplace & help your organisation to manage contractors
- work within a health and safety management system and positively influence health and safety culture and behaviour;
- carry out a general risk assessment (using a 5-step approach) of your workplace and recognise workplace changes and their impacts and understand how to minimise these impacts;
- develop basic safe systems of work that include emergency arrangements and know when to use a permit-to-work system and take part in incident investigations
- help your employer check the effectiveness of their health and safety management system through monitoring, auditing and review.

### PROFESSIONAL MEMBERSHIP

Once you have your qualification parchment for the IGC, you can apply for the following memberships.

1. Associate – International Institute of Risk and Safety Management (IIRSM), Designatory letters (AIIRSM)
2. Associate - Institution of Occupational Safety and Health (IOSH), Designatory letters (AIOSH)
3. Technical - Institution of Occupational Safety and Health (IOSH), , Designatory letters (Tech IOSH)



## WHO IS THE QUALIFICATION DESIGNED FOR?

This qualification is designed for anyone (managers, supervisors and workers) in any type of organisation. It's ideal for anyone who needs a broad understanding of health and safety issues to be able to manage day-to-day risks effectively. Many people take the International General Certificate in Occupational Health and Safety (IGC) as a first step in a career in health and safety. It gives a valuable overview, and is a sound basis for further professional study.

## COURSE OUTLINE

### Unit IGC-1

1. Why we should manage workplace Health & Safety
2. How Health & Safety management systems work
3. Managing Risk
4. Health & Safety Monitoring and Measuring

### Unit IGC-2

1. Physical and Psychological Health
2. Musculoskeletal Health
3. Chemical and Biological Agents
4. General Workplace Issues
5. Work Equipment
6. Fire
7. Electricity

## ASSESSMENT

1. Open book examination (OBE) , Unit IG1: Management of health and safety (2 hours)
2. Practical assessment, Unit IG2: Risk assessment (3 hours)
3. Qualification level and number of credits, SCQF Level 6 (Equivalent to RQF Level 3); Unit IG1: 5 credits, Unit IG2: 6 credits
4. Recommended minimum standards of English, Equivalent to an International English Language Testing System score of 6.0 or higher in IELTS tests

## FOR FURTHER INFORMATION PLEASE CONTACT:

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